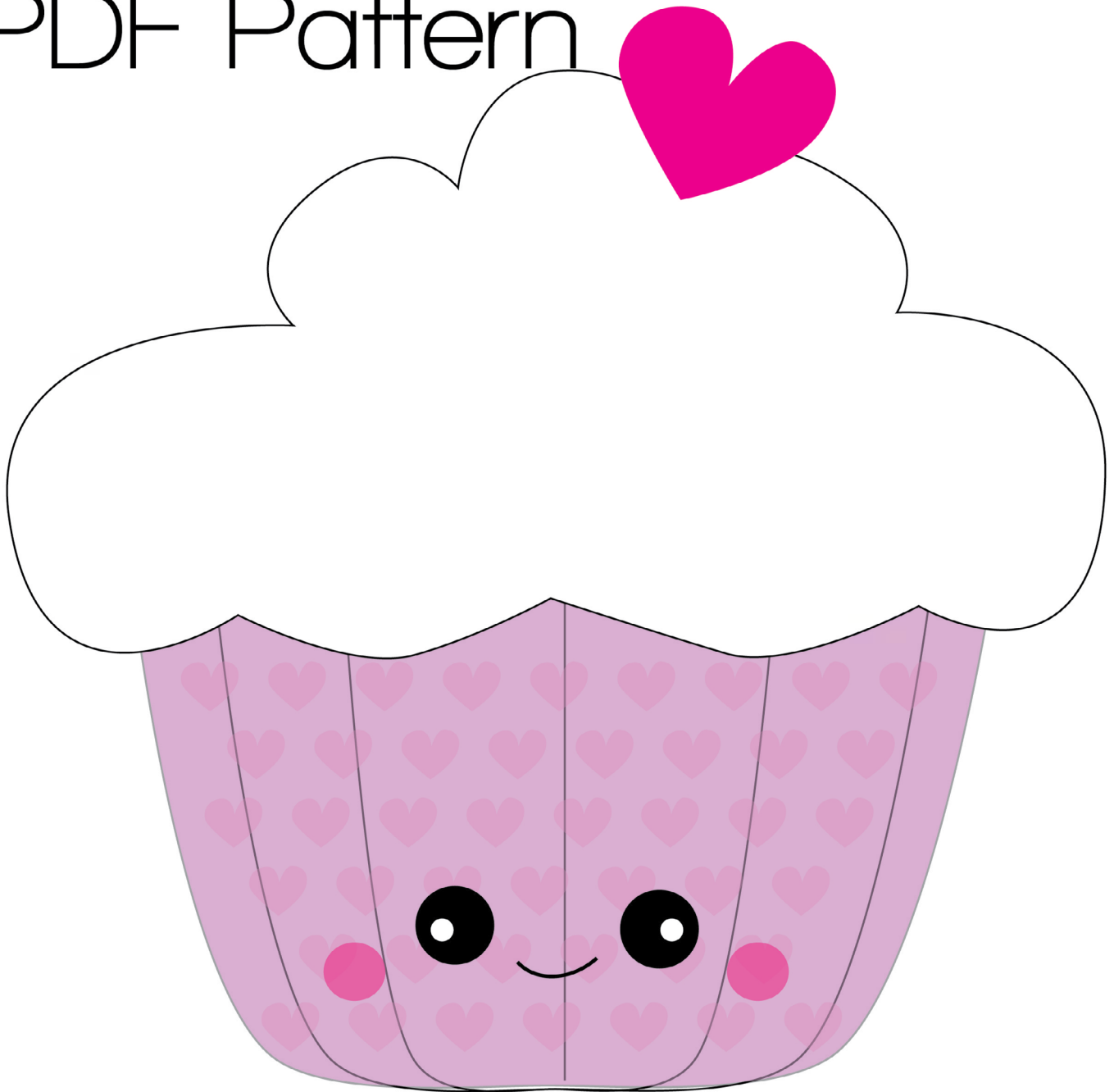# knot sew normal
# Cutie Cupcake
# Free Motion Appliqué
# PDF Pattern

# Notions and Supplies:

--HeatnBond®Lite or Equivalent.

--Embroidery or Darning Foot For Your Sewing Machine.

--Muslin Fabric or a Neutral Color Broadcloth.

--Mid-Weight Embroidery Stabilizer.

--Quilting Cotton - This is great to use up all those scrap fabrics. You can also use knit, the HeatnBond® will act as a lightweight stabilizer.

--Thread - I love to use black thread for a sketched look. I also like to use all dark fabrics and use white thread for a great look.
Use the thread color that is best suited to your project.

--Water Soluble Marker or Pen to transfer your lines.

Included in this PDF on page 6 is a
Design Your Own Cutie Cupcake sheet.
Use this page to plan your Cutie Cupcake Design
or to keep your kids busy while you sew.

## TERMS OF USE:

1. Print the pattern on Page 5, adjust the print scale according to the size you want your FMA to be

| Print Scale | Aprox. Size |
|---|---|
| 100% | 8" high |
| 90% | 7.2" high |
| 80% | 6.4" high |
| 70% | 5.6" high |
| 60% | 4.8" high |
| 50% | 4" high |

2. Trace your pattern pieces on the paper side of the HeatnBond® Lite.

3. Cut loosely around the shapes.

4. Allow your pieces to cool, then cut around your shapes out along the traced lines.

5. Remove the paper backing and layer the pieces in the order shown on the pattern page, onto your muslin.

6. Iron your pieces onto your muslin.

7. Transfer the detail lines from your pattern pieces to your fabric pieces, using your water-soluble marker or pen.

8. DROP the feed dogs on your sewing machine and install your embroidery or darning foot.

9. Place your stabilizer under your fabric and attach to your FMA using a baste stitch or a spray baste and begin free motion sewing.

10. Start with the inner detail lines and then move on to the inner and then outer outlines. Go over each line 2 or 3 times to give it a great sketched look.
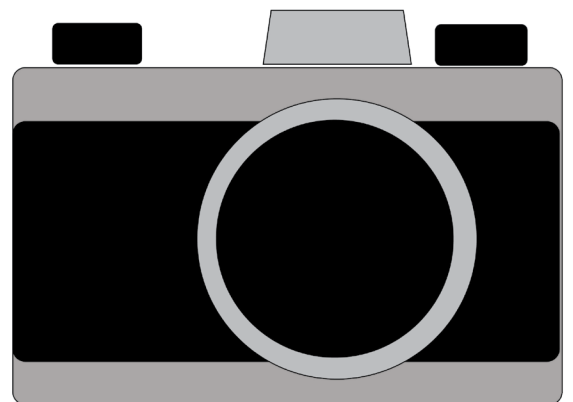
11. Continue stitching until you have completed all the design elements you wish to add to your FMA

12. Trim your stabilizer and apply HeatnBond® to the back of your appliqué. Trim your muslin and then peel the paper off the HeatnBond®.
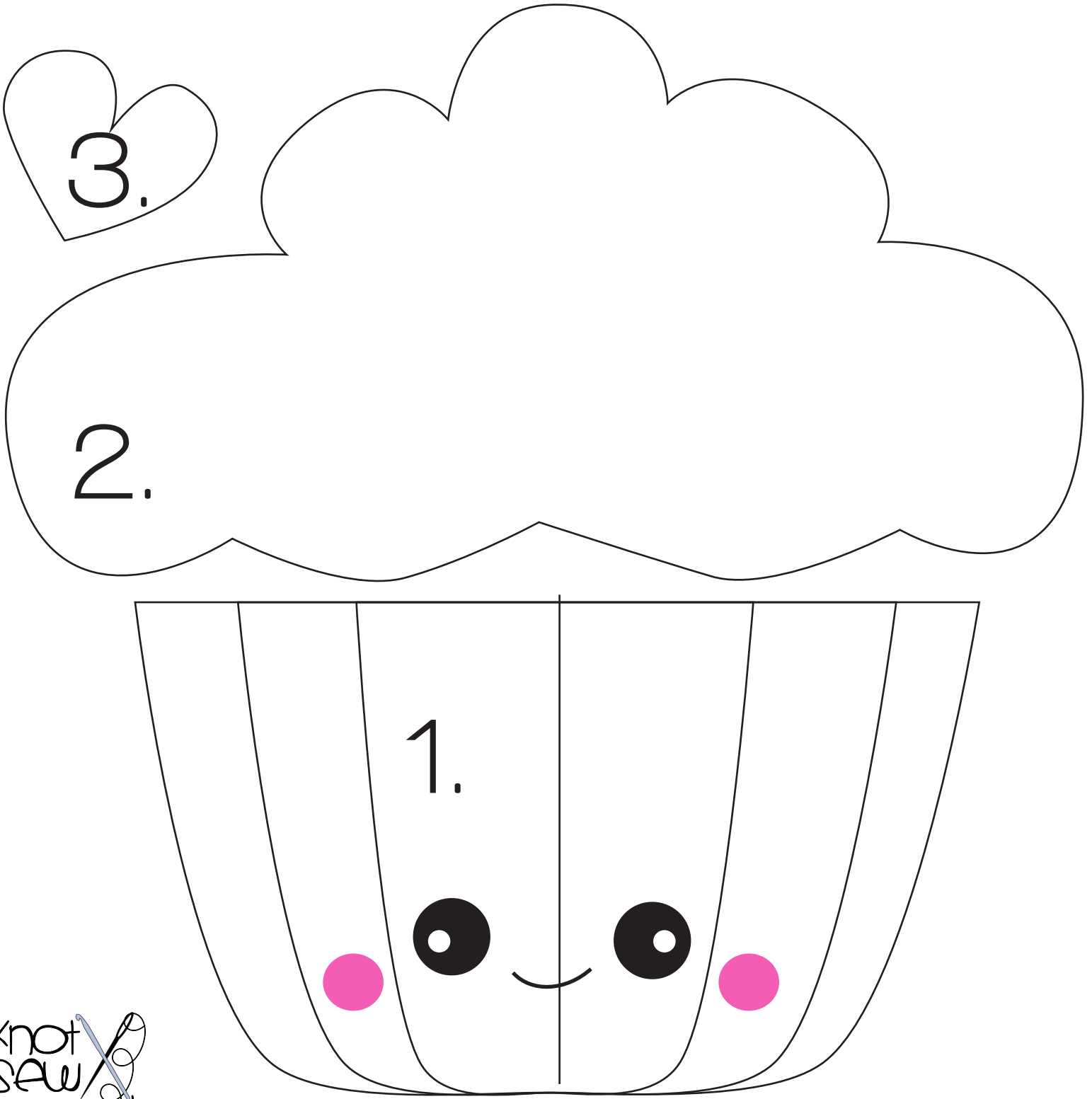
1. Iron your appliqué to your item, place stabilizer under your item and free motion the outer outline, making sure that the FMA is secure to the item

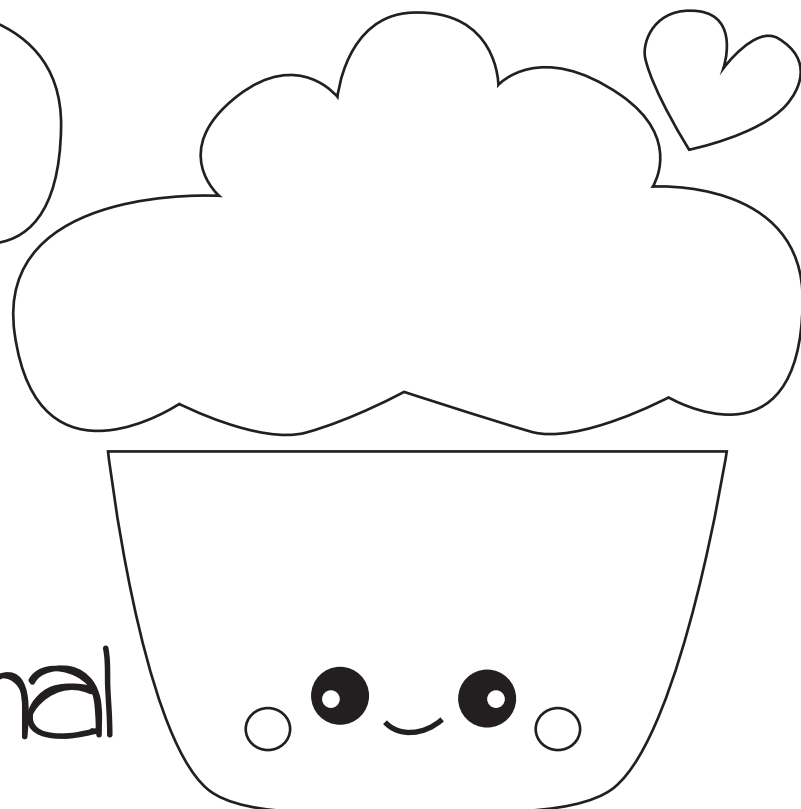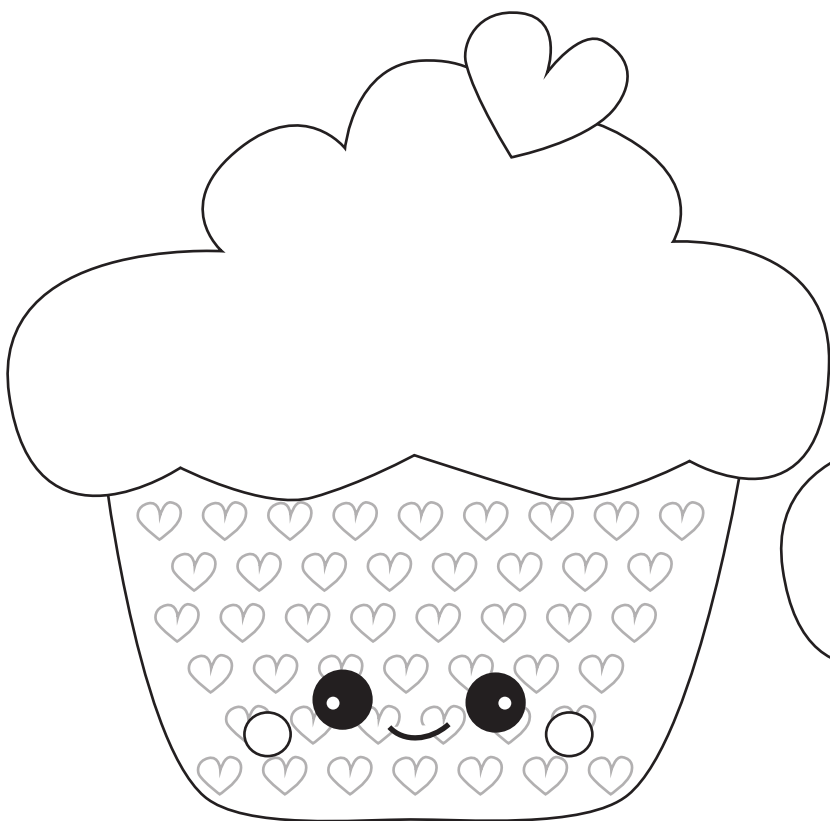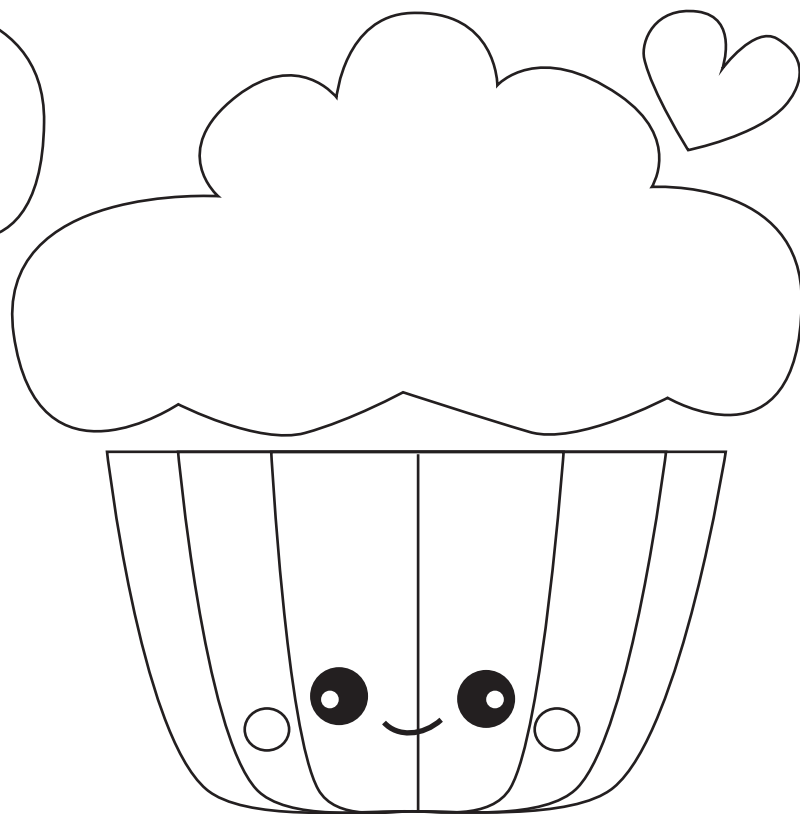13. Take pictures of your lovely creation and share them with us on Instagram, Facebook and Twitter. #knotsewnormalFMA

# knot sew normal
# Cutie Cupcake
# Pattern Page

3.

2.

1.

knot
sew
normal

# Design your own Cutie Cupcake

knot sew normal